Breakfast food:

1. Bagels (6)
2. Cereal
3. 4L of milk
4. Bananas
5. Cream cheese/peanut butter

Lunch food:

1. Eggs
2. Bagels
3. Sandwich meats
4. Cheese
5. Bread: toast
6. Apples
7. Tortillas
8. Peanut butter/jelly
9. Ichiban

Dinner ideas:

1. Stir fry – chicken/beef, rice, broccoli, peppers, corn, peas, carrots
2. Pasta with cream sauce – sausage/chicken, broccoli
3. Pasta with tomato sauce – ground beef
4. Mac and cheese
5. Frozen pizza